



1801 Edinburgh St.
 (307) 324-9571
 Classroom Bldg.

Classroom News / April 2026

1705 Edinburgh St.
 (307) 324-4951
 Admin Bldg.

HAPPY EASTER

CARBON COUNTY CHILD DEVELOPMENT PROGRAMS

MISSION STATEMENT

Carbon County Child Development Programs assists and advocates for all children, families, and individuals, by empowering them to:

- Promote family integrity and stability
- Make positive choices toward meeting basic needs
- Enhance quality of life
- Achieve self - sufficiency with dignity
- Make sure children enrolled meet their goals of school readiness



UPCOMING EVENTS MAY 2026

4	Newsletter sent home, Parent Center Committee @ 12 & Reading Challenge sent home, Teacher Appreciation Week
5	Cinco de Mayo Celebrations
7	Rachel's Challenge Link Ceremony & Fatherhood Activity
8	School Readiness Meeting @ 9 & Parent Conferences Home Visit
12	Health in the Classrooms "Summer Safety"
13	Graduation Day
14	Last Day of School








Your child's teacher advocates for your child,
 your Family Advocates Specialist advocates for you.
 Elizabeth Ridgeway - Family Enrichment Specialist - eridgeway@cccdp.net
 Melisa Perea - Family Advocate - molivas@cccdp.net
 Janet Stockwell - Family Advocate - jstockwell@cccdp.net



At Head Start We Believe
 Parents/Guardians Are a Child's FIRST and Most Important Teachers!



CARBON COUNTY CHILD DEVELOPMENT PROGRAMS RAWLINS NEWSLETTER APRIL 2026

SUN	MON	TUE	WED	THU	FRI	SAT
<p style="text-align: center;">USDA Nondiscrimination Statement</p> <p>In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.</p>			<p style="text-align: center;">1</p> <p style="text-align: center;">ECHO for Families from 12 - 1pm Social and Spirituality https://iecho.org/public/program/PRGM1723603236258PSPJN6JJTP</p>	<p style="text-align: center;">2</p> <p style="text-align: center;">Legal Aid Wyoming Free Legal Information from a Volunteer Reference Attorney Carbon County Court House 415 West Pine St 2-4 p.m. Third floor</p> <p style="text-align: center;">Easter Egg Hunt @ 9:00 a.m.</p>	<p style="text-align: center;">3</p> <p style="text-align: center; color: green; font-weight: bold;">No School</p>	<p style="text-align: center;">4</p>
<p style="text-align: center;">5</p> 	<p style="text-align: center;">6</p> <p style="text-align: center;">Parent Center Committee @ 12:00 p.m. https://zoom.us/j/91461255965?pwd=rlpAZJvLCjks8ESmdkXh2prLYK3m0c.1 Meeting ID: 914 6125 5965 Passcode: 1701</p> <p style="text-align: center; color: blue;">Weekly Reading Challenge sent home</p>	<p style="text-align: center;">7</p> <p style="text-align: center;">Library with Vicky classes 1 & 4 @ 10:00 a.m.</p> <p style="text-align: center; color: orange;">Fire Department showing Fire Truck to the childrens @ 10:00 a.m.</p>	<p style="text-align: center;">8</p> <p style="text-align: center; color: blue; font-weight: bold;">Rachel's Challenge in the classrooms</p>	<p style="text-align: center;">9</p>	<p style="text-align: center;">10</p> <p style="text-align: center; color: green; font-weight: bold;">No School</p>	<p style="text-align: center;">11</p>
<p style="text-align: center;">12</p>	<p style="text-align: center;">13</p>  <p style="text-align: center; color: blue;">Weekly Reading Challenge sent home</p>	<p style="text-align: center;">14</p> <p style="text-align: center; color: blue;">Library in the Classrooms @ 10:30 a.m.</p>	<p style="text-align: center;">15</p> <p style="text-align: center;">ECHO Advocacy and Engagement from 12 - 1pm https://iecho.org/public/program/PRGM1723603236258PSPJN6JJTP</p>	<p style="text-align: center;">16</p> <p style="text-align: center; color: red; font-weight: bold;">Fatherhood Activity @ 3:00 p.m.</p>	<p style="text-align: center;">17</p> <p style="text-align: center; color: green; font-weight: bold;">No School</p>	<p style="text-align: center;">18</p>
<p style="text-align: center;">19</p>  <p style="text-align: center; color: blue;">Family Activity Skating Night at the Rawlins Recreation Center from 1-3 p.m.</p>	<p style="text-align: center;">20</p>  <p style="text-align: center; color: blue;">Weekly Reading Challenge sent home</p>	<p style="text-align: center;">21</p> <p style="text-align: center;">Library with Vicky classes 2 & 3 @ 10:00 a.m.</p>	<p style="text-align: center;">22</p> <p style="text-align: center; color: blue; font-weight: bold;">Visit from BLM</p>	<p style="text-align: center;">23</p> <p style="text-align: center; color: blue; font-weight: bold;">Volunteer Appreciation @ 4:00 p.m.</p>	<p style="text-align: center;">24</p> <p style="text-align: center; color: green; font-weight: bold;">No School</p>	<p style="text-align: center;">25</p>
<p style="text-align: center;">26</p>	<p style="text-align: center;">27</p> <p style="text-align: center; color: blue;">Weekly Reading Challenge sent home</p> <p style="text-align: center; color: blue; font-weight: bold;">Board/Policy Council Meeting @ 5:30 p.m.</p>	<p style="text-align: center;">28</p> <p style="text-align: center;">Library with Vicky classes 1 & 4 @ 10:00 a.m.</p>	<p style="text-align: center;">29</p> <p style="text-align: center;">ECHO Charting the LifeCourse In Action from 12 - 1pm https://iecho.org/public/program/PRGM1723603236258PSPJN6JJTP</p> <p style="text-align: center; color: blue; font-weight: bold;">Show & Tell</p>	<p style="text-align: center;">30</p> <p style="text-align: center; color: blue; font-weight: bold;">Movie & Pajama Day</p>		

“This institution is an equal opportunity provider”



School Menu April 2026



	Monday	Tuesday	Wednesday	Thursday
April 1-2, 2026	Breakfast			Milk, WGR pancakes, Fruit
	Lunch			Milk, WGR breakfast pizza, Fruit
	Snack			Milk, Turkey & cheese sandwich on WGR bread, Veggie, Fruit
April 6-9, 2026	Breakfast	Milk, Cottage cheese & fruit bowl	Milk, WGR English Muffin, Egg, Sausage, Fruit	Milk, Canadian bacon, Cheese, WGR Crackers
	Lunch	Milk, Chicken nuggets, WGR roll, string cheese, Veggies, fruit	Milk, Grilled Cheese Sandwiches on WGR bread, tomato soup Veggies, Fruit	Milk, food group funny face
	Snack	Milk, ants on a log	Milk, Rice cake, peanut butter, raisins	Milk, Chips & salsa
April 13-16, 2026	Breakfast	Milk, Eggs, bacon, WGR toast	Milk, Yogurt, Fruit	Milk, WGR cold cereal, Fruit
	Lunch	Milk, PB & J sandwich on WGR bread, String cheese. Fruit, veggies	Milk, baked chicken, mashed potato, WGR roll, Veggie, Fruit	Milk, Cheeseburger on WGR bun, Veggies, Fruit
	Snack	Milk, Cheese, WGR Crackers	Milk, Dried fruit & cereal snack mix	Milk, Applesauce & fruit
April 20-23, 2026	Breakfast	Milk, WGR breakfast pizza, fruit	Milk, Oatmeal, fruit	Milk, WGR bagel, peanut butter, Fruit
	Lunch	Milk, Chicken Lo Mein, WGR roll Veggie, Fruit	Milk, soft beef tacos on WGR tortilla, Veggies, Fruit	Milk, Chicken slider with cheese on WGR bun, Veggies, Fruit
	Snack	Milk, WGR Fish Crackers, fruit	Milk, PB & J sandwich on WGR bread	Milk, String cheese, crackers
April 27-30, 2026	Breakfast	Milk, WGR waffle sticks, bacon, Fruit	Milk, Cold Cereal, Fruit	Milk, cream of wheat with raisins
	Lunch	Milk, Sloppy Joes on WGR bun, Veggies, Fruit	Milk, Turkey Bacon wrap on WGR tortilla, Veggies, Fruit	Milk, Chicken quesadilla on WGR tortilla, Veggie, Fruit
	Snack	Milk, Butterfly bites	Milk, Veggie & dip	Milk, WGR Cold cereal

Notes: 1% MILK IS SERVED WITH ALL MEALS, (*) Chef's choice will contain all meal pattern components

This is an equal opportunity provider

PARENT CENTER

VOLUNTEERING OPPORTUNITIES:

We welcome all parents/guardians to get involved.

Join us for our monthly Parent Center Committee (PCC) meeting on Monday, April 6, at 12:00 p.m.

Lunch will be provided.

If you cannot attend in person,

<https://zoom.us/j/91461255965pwd=rlpAZJvICjkS8ESmdkXh2prLYK3m0c.1>

Meeting ID: 914 6125 5965

Passcode: 1701

FATHERHOOD ACTIVITY

“Rainbow Hand Prints”

Thursday, April 16, 2026 @ 3:00 p.m.

All fathers, grandfathers, brothers, uncles, or other male role models are welcome to join.

If a male figure isn't available, moms, grandmothers, sisters, or aunts are also welcome.

Your participation counts as In-Kind support!

Thank you for helping our program grow!

READING CHALLENGE

- Reading Challenges go home every Monday.
- Read with your child 10–15 minutes, at least 3 times a week.
- Have your child color and complete the reading log and return it every Thursday.

Each month, students earn a certificate, book, and small prize.

Super Readers (those who complete all challenges) will be recognized during the school year!

RACHEL'S CHALLENGE

Rachel's Challenge teaches children to be kind and respectful.

Family Advocates help teach these lessons in the classroom. Ask your child about the kindness bridge.

When children show kindness, they earn paper links. Classrooms collect the links all year.

At the end of the year, we invite families to join us and celebrating with a Link Ceremony.

APRIL 2026 FAMILY ACTIVITY

HEAD START FAMILY SKATING NIGHT

You're invited to our last Family Activity of the year! Join us for a fun afternoon of skating and family time!

Free

Sunday, April 19, 2026

1:00 – 3:00 p.m.

Rawlins Recreation Center

Free

Bring your family and enjoy:

Skating for all ages, Music, Fun & Quality Time!

Questions? Call Elizabeth or Melisa at 324-4951

KHAN ACADEMY CURRICULUM INFORMATION

Khan Academy

Is a free, nonprofit online learning website, where people of all ages can learn math, science, reading, history, computers, and more. It offers short lessons, practice exercises, and progress tracking, so learners can go at their own pace – at home or in school.

It's free to use

Lessons are through videos and practice problems

Covers basic to early college topics

Helpful for students, parents, and teachers

You can explore it here: <https://www.khanacademy.org>

April 2026 Preschool & Classrooms News

This is an exciting time for you and your child. They will be learning so much and cannot wait to collaborate with you. Join us each month to see what your child is learning throughout their day. Below you will find their monthly learning goals.

If something peaks your interest let us know. We love having classroom volunteers.

April Weeks	Zoo - Phonics Letter/ Number	Social Skills	Math Skills	Creative Curriculum	Other
APRIL 6-9	Z AND 26	SELF- REGULATION, REVIEW SOLUTIONS WITH PYRAMID	3 AND 4 ELEMENT PATTERNS	INSECTS AND GARDEN	STARTING JACK & BEANSTALK BEANS
APRIL 13-16	REVIEW A-H, 27	SELF- REGULATION, REVIEW SOLUTIONS WITH PYRAMID	CLASSIFYING PATTERNS	PETS	
APRIL 20-23	REVIEW I-Q, 28	SELF- REGULATION, REVIEW SOLUTIONS WITH PYRAMID	GRIDS	PETS	
APRIL 27-30	REVIEW R-Z, 29	SELF- REGULATION, REVIEW SOLUTIONS WITH PYRAMID	GRAPHING AND SURVEY DATA	PETS	



SAFETY/HEALTH & MENTAL HEALTH REMINDERS

- On April 7, 2026 The Fire Department will be showing the Fire Truck to the kids @ 10:00 a.m.

ECHO - BUILD A SUPPORT SYSTEM FOR YOUR FAMILY



Join us here at school or in your own home for a virtual class on:

ECHO for Families
from 12 - 1pm
Social and Spirituality
April 1, 2026



Advocacy and Engagement
from 12 - 1pm
April 15, 2026

Charting the LifeCourse in Action
from 12 - 1pm
April 29, 2026

Spanish interpretation is available
Lunch provided.

<https://iecho.org/public/program/PRGM1723603236258PSPJN6JJTP>

Echo for Families is an online group for families with children who have developmental disabilities, autism, or special care needs.

All family members are welcome.

Brought to you by the University of Wyoming.

IN- KIND WHY IT MATTERS

Your participation in Fatherhood events, family activities, homework, and reading challenges helps us keep our program grant and continue serving families.

Fill out your In-Kind Sheet found on the back of the Weekly Reading Challenge. Please return it to your child's teacher each week.

Questions? Call 324-4951.



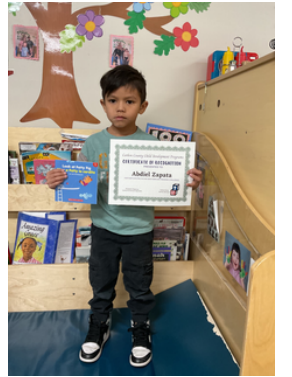
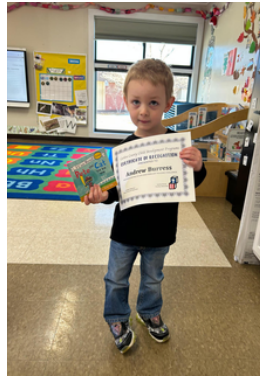
March 2026 Family Activity

Thank you, families, for attending our March 2026 Family Activity



CCCDP wants to recognize:
Tzitali Urrea, Elisa Cano & Margaret Reck
for taking the time to volunteer during Dr. Seuss week and share the joy of reading a Dr. Seuss book with our children.

February 2026 Super Readers





Healthy Nutrition for Families

Nutrición Saludable para Familias



Building Healthy Habits at Home

- ✓ Grow strong and healthy
- ✓ Have energy for school, work, and play
- ✓ Strengthen the immune system
- ✓ Build lifelong healthy habits



Creando Hábitos Saludables en Casa

- ✓ Crecer fuertes y sanos
- ✓ Tener energía para la escuela y el trabajo
- ✓ Fortalecer el sistema inmunológico
- ✓ Crear hábitos saludables de por vida



Make Half Your Plate Fruits & Vegetables

- ✓ Add fruit to breakfast
- ✓ Serve veggies with lunch & dinner
- ✓ Offer apple slices, carrots, or cucumbers for snacks



Llena la Mitad del Plato con Frutas y Verduras

- ✓ Agrega fruta al desayuno
- ✓ Sirve verduras con el almuerzo y la cena
- ✓ Ofrece manzanas, zanahorias o pepinos como bocadillos



Choose Whole Grains

- ✓ Whole wheat bread
- ✓ Brown rice
- ✓ Oatmeal
- ✓ Whole grain pasta



Elige Granos Integrales

- ✓ Pan integral
- ✓ Arroz integral
- ✓ Avena
- ✓ Pasta de trigo integral



Choose Healthy Drinks

- ✓ Water
- ✓ Milk
- Limit:
 - Sugary drinks
 - Soda
 - Too much juice



Elige Bebidas Saludables

- ✓ Agua
- ✓ Leche
- Limita:
 - ✓ Bebidas azucaradas
 - ✓ Refrescos
 - ✓ Demasiado jugo



Healthy Family Eating Tips

- ✓ Eat meals together
- ✓ Let kids help in the kitchen
- ✓ Try new foods as a family
- ✓ Serve small portions
- ✓ Be a role model



Consejos para Comer en Familia

- ✓ Coman juntos en familia
- ✓ Dejen que los niños ayuden
- ✓ Prueben nuevos alimentos
- ✓ Sirvan porciones pequeños
- ✓ Sean un buen ejemplo



Limit These Foods

- Candy / Dulces
- Chips / Papitas
- Cookies / Galletas
- Fast Food / Comida Rápida



Recuerden:
¡Pequeños cambios en casa hacen una gran diferencia!



Helping Your Child Get Ready for Kindergarten!

★ ¡Preparando a su niño para el Kindergarten! ★

TIPS FOR KINDERGARTEN READINESS

● Read with your child every day.



● Practice counting and sorting objects.

● Encourage drawing and writing.



● Teach your child to follow simple directions.

● Help them learn to share and take turns.



CONSEJOS PARA EL KINDERGARTEN

● Lea con su hijo todos los días.



● Practique contar y clasificar objetos.

● Fomente el dibujo y la escritura.



● Enseñe a su niño a seguir instrucciones.

● Ayúdeles a compartir y tomar turnos.



LEARNING IS FUN!



● Make sure your child gets plenty of sleep!
¡Asegúrese de que su niño duerma lo suficiente!

¡APRENDER ES DIVERTIDO!



● Promote healthy eating and playtime!
¡Promueva una alimentación y juego saludables!

FINANCIAL RESOURCES FOR FAMILIES

This page is designed to support families by sharing trusted financial and basic-needs resources. All links go to official or well-known organizations. Availability and eligibility may vary by location.

Can't afford an attorney?
Need assistance with filling out legal forms?
Have questions about the court system?

GET FREE LEGAL INFORMATION FROM A VOLUNTEER REFERENCE ATTORNEY

A VOLUNTEER ATTORNEY WILL BE AVAILABLE FOR BRIEF ONE-ON-ONE VISITS WITH COMMUNITY MEMBERS WHO ARE UNABLE TO AFFORD THE SERVICES OF AN ATTORNEY. THESE WILL BE INFORMATIONAL MEETINGS THAT MAY INCLUDE INSTRUCTION IN FILLING OUT LEGAL FORMS AND NAVIGATING THE COURT SYSTEM. NO CONSULTATION FOR CRIMINAL MATTERS, TRAFFIC MATTERS, OR BUSINESS MATTERS (WHICH INCLUDES THE OWNING AND MANAGEMENT OF RENTAL PROPERTIES).

APRIL 2, 2026
MAY 7, 2026
JUNE 4, 2026
2:00 - 4:00 PM

CARBON COUNTY COURTHOUSE
415 WEST PINE STREET
RAWLINS, WY

[HTTPS://WWW.WYOCOURTS.GOV/LEGAL-HELP/](https://www.wyocourts.gov/legal-help/)
QUESTIONS? PLEASE CALL 307-777-8383



FREE. FIRST COME, FIRST SERVED.

Exciting News for Families!
Weekend Meal Pickups!
Ensuring Our Kids Eat Well All Week Long!

When: Every Thursday
(While the Summer Program is Running)

Where: Rotary Park
(Located by Pizza Hut, Rawlins, WY)

Program Eligibility:

- Ages 2 - 18 • All Kids Welcome!
- No Red Tape • No Income Proof Needed!
- Easy Pickup • Parents Can Grab Meals for All Kids
- Open to All • No School Enrollment Required!

Best Regards,
Tami Ratcliffe
Food Service Director

For More Info, Contact Your School

TAX SEASON 2026
WYOMING FREE TAX SERVICE

AUTHORIZED IRS e-file PROVIDER

TAX TIME

Volunteer IRS certified tax preparers help the low to moderate income families living within rural areas of WY complete their tax returns **THERE IS NO CHARGE FOR THIS SERVICE.**

What to bring to a Vita Site?

- Photo ID
- Social Security Cards
- Wage & Earning Statements
- (W-2, W-2g, 1099's)
- Health Insurance Statements
- (1095 A, B, C)
- Health Care Exemption Code
- Prior Year Tax Return

APPOINTMENT REQUIRED

Call today!
(307) 710 - 1022 Phone:

HANNA LSRV MEDICINE BOW
RAWLINS SARATOGA



Carbon County Child Development Programs March 2026 Minutes

I. Call to Order: The meeting was called to order at 12:10 p.m. Parents in Attendance: Estefania Baca, Soany Paz, Yadihira Gutierrez, Elisa Cano, Karina Torres, and Ricardo Chavez. Staff in Attendance: Elizabeth and Melisa.

II. Curriculum: Parents reviewed the following curriculum and assessment tools used in the program:
Creative Curriculum: A play-based curriculum that evaluates children's skills through observation.
Supplemental Curriculums: Zoo-Phonics: Supports phonics development and alphabet knowledge.
Heggerty: Focuses on literacy skills including rhyming, beginning and ending sounds, and language awareness.
Data and Assessment Program: Teaching Strategies Gold (TSG): The program used to assess and monitor children's developmental progress.
Parent Curriculum: Positive Solutions for Families: Supports families in promoting their children's social and emotional development and aligns with classroom learning.
Optional Educational Resource for Home: Khan Academy: A free online program that supports math learning and skill development at home.
Pyramid Model: A classroom curriculum that focuses on supporting children's social and emotional development. Family Services encouraged parents to continue using Khan Academy at home as a free educational resource.

III. Parent Education: Ricardo Chavez presented a Winter Safety Driving training course. Parents asked several questions and shared that they enjoyed this type of educational presentation.

IV. Budget Report: Current balance: \$4,623.52

V. Program Goals: The following program goals were reviewed: Attendance, Wellness, Data Reliability & School Readiness

VI. Performance Standards: Parents reviewed 1302.72 – Transitions Between Programs.

(a) Programs must support families and children who move out of the community by assisting them with transitioning to another Head Start program or identifying another early childhood program if Head Start is not available. This includes families experiencing homelessness and children in foster care.

(b) Programs serving children transitioning to other early education programs, such as public pre-kindergarten, in the year prior to kindergarten entry must implement appropriate transition strategies and activities.

(c) Migrant or Seasonal Head Start programs must support families and children transitioning to other migrant or seasonal Head Start programs, or when appropriate, Early Head Start or Head Start Preschool programs.

VII. Policy Council Report: There were no updates from Policy Council members.

VIII. Communication Within the Program: Soany Paz asked whether the GoEngage app was functioning properly, as she has only been receiving messages through text rather than through the application.
March Family Activity: Parents were invited to attend the Spanish Bingo (Lotería) Family Activity on Thursday, March 12, 2026, from 4:00–6:00 p.m. Light snacks and small prizes will be provided. Soany Paz will attempt to obtain Taco Bell coupons to use as prizes.

IX. Family Services Report: Parents selected upcoming activities: April Fatherhood Activity: “Kids’ Hands with Clouds” craft activity. May Activity: Creating Mother’s Day cards. Parents were also informed that planning for Volunteer Appreciation will begin soon. Upcoming Educational Opportunities. Parents were informed about training opportunities in partnership with the University of Wyoming: March 4, 2026, 12:00–1:00 p.m. – ECHO Training: Healthy Living March 18, 2026, 12:00–1:00 p.m. – ECHO Training: Safety & Security. Lunch will be provided.

X. Education & Disabilities: The first week of March is Dr. Seuss Week. Parents were asked to refer to their calendars for details. Several mothers volunteered to visit the classroom and read to children while wearing the Cat in the Hat costume. The library will visit the classroom every Tuesday in March. Spring Pictures: March 11, 2026. Graduation Pictures: March 12, 2026. Spring Break Closure: Monday, March 23 – Friday, March 27, 2026.

XI. Nutrition: There were no questions or concerns regarding the menu.

Mental Health: Appointments with Kari Skordas will be available on Monday, March 2, 2026.

Parents may call Harlee at 324-9571 to schedule an appointment.

Health & Safety: Families were invited to attend the HSAC Meeting on Wednesday, March 11, 2026, at 12:00 p.m. Lunch will be provided. Enrollment: Enrollment applications are currently being accepted for the 2026–2027 school year.

XII. Feedback for Staff: No feedback or comments were shared.

XIII. Other Business: The possibility of having volunteers host a booth at the Care Fair on Saturday, April 25, 2026, at the Rec Center from 8:00 a.m. – 12:00 p.m. was discussed. Elisa Cano asked if parents could assist with graduation planning. Staff informed parents that they are welcome to help. A meeting will be scheduled with LeAnn to discuss ideas. Parents agreed to bring suggestions to the next meeting.

XIV. Next Meeting: April 7, 2026

XV. Adjournment: The meeting was adjourned at 1:20 p.m.